



PEMERINTAH KOTA YOGYAKARTA DINAS PERTANIAN DAN PANGAN

สำนักงานPertanianDanPangan
KOTA YOGYAKARTA

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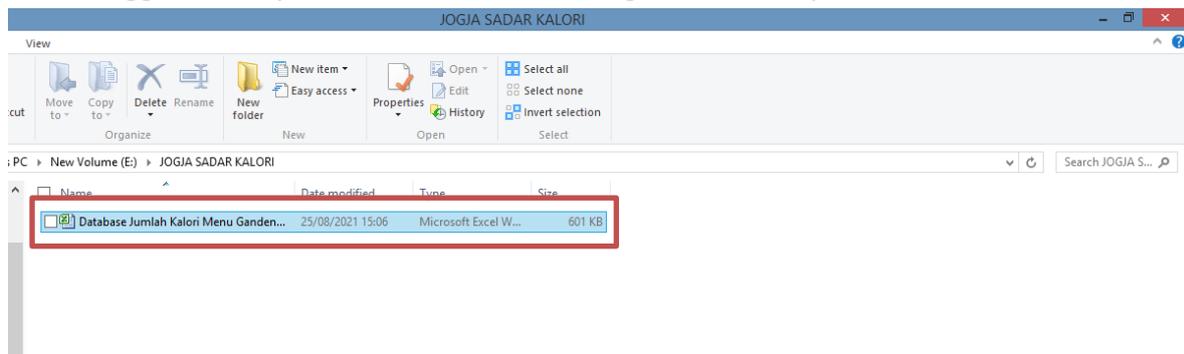
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PANDUAN PENGGUNAAN DATABASE JUMLAH KALORI PADA MENU GANDENG-GENDONG KOTA YOGYAKARTA

1. Pelayanan perhitungan **Jogja Sadar Kalori** dapat diperoleh oleh Gandeng-Gendong dalam kurun waktu **1 hari** dengan mengirimkan menu makanan kepada staff Bidang Pangan, Dinas Pertanian dan Pangan Kota Yogyakarta melalui narahubung Vina (081252361081).
2. Gandeng-Gendong dapat mengakses **“Database Jumlah Kalori Menu Gandeng-Gendong Kota Yogyakarta”** secara mandiri melalui *googledrive*.
3. Buka file **“Database Jumlah Kalori Menu Gandeng-Gendong Kota Yogyakarta”** menggunakan Aplikasi Microsoft Excel dengan **klik 2 kali** pada file tersebut.



4. Pilih sheet **“GG KOTA YOGYAKARTA”**.

| KECAMATAN | NO | NAMA | KELURAHAN | NAMA KOORDINATOR | NO TELP | Paket | Menu | Satuan | Kalori (kkal) |
|------------|----|---------------|------------|------------------|-------------|------------------|--------------------|----------|---------------|
| UMBULHARJO | 1 | Webe Bogarasa | Warungboto | Indayati | 08972426644 | Snack | Roll kukus | | |
| UMBULHARJO | | Webe Bogarasa | | | | Snack | Arem-arem | 80 gram | 186 |
| UMBULHARJO | | Webe Bogarasa | | | | Snack | Lumpur surga | 100 gram | 291 |
| UMBULHARJO | | Webe Bogarasa | | | | Snack | Bolu gulung | 50 gram | 148,5 |
| UMBULHARJO | | Webe Bogarasa | | | | Snack | Pie nanas | | |
| UMBULHARJO | | Webe Bogarasa | | | | Snack | Bengawan | | |
| UMBULHARJO | | Webe Bogarasa | | | | Snack | Sarikaya pandan | | |
| UMBULHARJO | | Webe Bogarasa | | | | Nasi ayam | Nasi putih | 100 gram | 129 |
| UMBULHARJO | | Webe Bogarasa | | | | | Ayam goreng | 100 gram | 270 |
| UMBULHARJO | | Webe Bogarasa | | | | Nasi bandeng | Nasi putih | 100 gram | 129 |
| UMBULHARJO | | Webe Bogarasa | | | | | Bandeng goreng | 150 gram | 349 |
| UMBULHARJO | | Webe Bogarasa | | | | Nasi rawon | Nasi putih | 100 gram | 129 |
| UMBULHARJO | | Webe Bogarasa | | | | | Rawon | 100 gram | 119 |
| UMBULHARJO | | Webe Bogarasa | | | | | Kerupuk | 1 buah | 65 |
| UMBULHARJO | | Webe Bogarasa | | | | Nasi ayam geprek | Nasi putih | 100 gram | 129 |
| UMBULHARJO | | Webe Bogarasa | | | | | Ayam geprek | 100 gram | 263 |
| UMBULHARJO | 2 | KWT Pitaloka | Pandeyan | Tentiwati | 08156864292 | Snack | Pudding zebra | | |
| UMBULHARJO | | KWT Pitaloka | | | | | Mento | | |
| UMBULHARJO | | KWT Pitaloka | | | | | Risol ayam | | |
| UMBULHARJO | | KWT Pitaloka | | | | | Brownies roll cake | 34 gram | 129 |
| UMBULHARJO | | KWT Pitaloka | | | | | Cake tape | | |
| UMBULHARJO | | KWT Pitaloka | | | | | Kue ku | | |
| UMBULHARJO | | KWT Pitaloka | | | | | Kue lumpur | 100 gram | 291 |
| UMBULHARJO | | KWT Pitaloka | | | | | Lapis beras | | |
| UMBULHARJO | | KWT Pitaloka | | | | | Makaroni keju | | |

5. Pilih kolom "KECAMATAN", lalu unchecklist kotak "Select All", kemudian pilih/checklist nama kecamatan sesuai lokasi Gandeng-Gendong, lalu klik OK.

| | A | B | C |
|----|------------|---------------|---------------|
| 1 | | | DATAB: |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |
| 6 | | | |
| 7 | KECAMATAN | NO | NAMA |
| 8 | UMBULHARJO | 1 | Webe Bogarasa |
| 9 | UMBULHARJO | 1 | Webe Bogarasa |
| 10 | UMBULHARJO | (Showing All) | Webe Bogarasa |
| 11 | UMBULHARJO | | Webe Bogarasa |
| 12 | UMBULHARJO | | Webe Bogarasa |
| 13 | UMBULHARJO | | Webe Bogarasa |
| 14 | UMBULHARJO | | Webe Bogarasa |
| 15 | UMBULHARJO | | Webe Bogarasa |
| 16 | UMBULHARJO | | Webe Bogarasa |
| 17 | UMBULHARJO | | Webe Bogarasa |
| 18 | UMBULHARJO | | Webe Bogarasa |
| 19 | UMBULHARJO | | Webe Bogarasa |
| 20 | UMBULHARJO | | Webe Bogarasa |
| 21 | UMBULHARJO | | Webe Bogarasa |
| 22 | UMBULHARJO | | Webe Bogarasa |
| 23 | UMBULHARJO | | Webe Bogarasa |
| 24 | UMBULHARJO | 2 | KWT Pitaloka |
| 25 | UMBULHARJO | | KWT Pitaloka |
| 26 | UMBULHARJO | | KWT Pitaloka |
| 27 | UMBULHARJO | | KWT Pitaloka |
| 28 | UMBULHARJO | | KWT Pitaloka |
| 29 | UMBULHARJO | | KWT Pitaloka |
| 30 | UMBULHARJO | | KWT Pitaloka |
| 31 | UMBULHARJO | | KWT Pitaloka |
| 32 | UMBULHARJO | | KWT Pitaloka |

| | A | B | C |
|----|--|----|--------------|
| 1 | | | DATAB: |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |
| 6 | | | |
| 7 | KECAMATAN | NO | NAMA |
| 8 | Sort A to Z | | arasa |
| 9 | Sort Z to A | | arasa |
| 10 | Sort by Color | | arasa |
| 11 | Clear Filter From "KECAMATAN" | | arasa |
| 12 | Filter by Color | | arasa |
| 13 | Text Filters | | arasa |
| 14 | Search | | arasa |
| 15 | <input checked="" type="checkbox"/> Select All | | arasa |
| 16 | <input type="checkbox"/> DANUREJAN | | arasa |
| 17 | <input type="checkbox"/> GEDONG TENGEN | | arasa |
| 18 | <input type="checkbox"/> GONDOKUSUMAN | | arasa |
| 19 | <input type="checkbox"/> GONDOMANAN | | arasa |
| 20 | <input type="checkbox"/> JETIS | | arasa |
| 21 | <input type="checkbox"/> KOTAGEDE | | pka |
| 22 | <input type="checkbox"/> KRATON | | pka |
| 23 | <input type="checkbox"/> MANTRIJERON | | pka |
| 24 | <input type="checkbox"/> MERGANGSAN | | pka |
| 25 | <input type="checkbox"/> ... | | pka |
| 26 | <input type="checkbox"/> ... | | pka |
| 27 | <input type="checkbox"/> ... | | pka |
| 28 | <input type="checkbox"/> ... | | pka |
| 29 | <input type="checkbox"/> ... | | pka |
| 30 | <input type="checkbox"/> ... | | pka |
| 31 | <input type="checkbox"/> ... | | pka |
| 32 | UMBULHARJO | | KWT Pitaloka |

| | A | B | C |
|----|---|----|--------------|
| 1 | | | DATA |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |
| 6 | | | |
| 7 | KECAMATAN | NO | NAMA |
| 8 | Sort A to Z | | arasa |
| 9 | Sort Z to A | | arasa |
| 10 | Sort by Color | | arasa |
| 11 | Clear Filter From "KECAMATAN" | | arasa |
| 12 | Filter by Color | | arasa |
| 13 | Text Filters | | arasa |
| 14 | Search | | arasa |
| 15 | <input type="checkbox"/> Select All | | arasa |
| 16 | <input checked="" type="checkbox"/> DANUREJAN | | arasa |
| 17 | <input type="checkbox"/> GEDONG TENGEN | | arasa |
| 18 | <input type="checkbox"/> GONDOKUSUMAN | | arasa |
| 19 | <input type="checkbox"/> GONDOMANAN | | arasa |
| 20 | <input type="checkbox"/> JETIS | | arasa |
| 21 | <input type="checkbox"/> KOTAGEDE | | pka |
| 22 | <input type="checkbox"/> KRATON | | pka |
| 23 | <input type="checkbox"/> MANTRIJERON | | pka |
| 24 | <input type="checkbox"/> MERGANGSAN | | pka |
| 25 | <input type="checkbox"/> ... | | pka |
| 26 | <input type="checkbox"/> ... | | pka |
| 27 | <input type="checkbox"/> ... | | pka |
| 28 | <input type="checkbox"/> ... | | pka |
| 29 | <input type="checkbox"/> ... | | pka |
| 30 | <input type="checkbox"/> ... | | pka |
| 31 | <input type="checkbox"/> ... | | pka |
| 32 | UMBULHARJO | | KWT Pitaloka |

| | A | B | C |
|----|--|----|--------------|
| 1 | | | DATABASE JU |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |
| 6 | | | |
| 7 | KECAMATAN | NO | NAMA |
| 8 | Sort A to Z | | arasa |
| 9 | Sort Z to A | | arasa |
| 10 | Sort by Color | | arasa |
| 11 | Clear Filter From "KECAMATAN" | | arasa |
| 12 | Filter by Color | | arasa |
| 13 | Text Filters | | arasa |
| 14 | Search | | arasa |
| 15 | <input type="checkbox"/> Select All | | arasa |
| 16 | <input type="checkbox"/> DANUREJAN | | arasa |
| 17 | <input type="checkbox"/> GEDONG TENGEN | | arasa |
| 18 | <input type="checkbox"/> GONDOKUSUMAN | | arasa |
| 19 | <input type="checkbox"/> GONDOMANAN | | arasa |
| 20 | <input type="checkbox"/> JETIS | | arasa |
| 21 | <input type="checkbox"/> KOTAGEDE | | pka |
| 22 | <input type="checkbox"/> KRATON | | pka |
| 23 | <input type="checkbox"/> MANTRIJERON | | pka |
| 24 | <input type="checkbox"/> MERGANGSAN | | pka |
| 25 | <input type="checkbox"/> ... | | pka |
| 26 | <input type="checkbox"/> ... | | pka |
| 27 | <input type="checkbox"/> ... | | pka |
| 28 | <input type="checkbox"/> ... | | pka |
| 29 | <input type="checkbox"/> ... | | pka |
| 30 | <input type="checkbox"/> ... | | pka |
| 31 | <input type="checkbox"/> ... | | pka |
| 32 | UMBULHARJO | | KWT Pitaloka |

